

# BEN STRINGFELLOW

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## EMPLOYMENT

**My Kitchen Rules** | Los Angeles, CA

May 2016 - Present

**Post Production Assistant**

- 1 hour, non-scripted show for FOX

**Separation Anxiety** | Los Angeles, CA

February - May 2016

**Post Production Assistant**

- 1 hour, non-scripted show for TBS

**American Cinema Editors** | Los Angeles, CA

February 2016

**Intern on "Roots"**

- 4-part, 1 hour mini-series for A&E/History

**mOcean** | Burbank, CA

September 2015 - January 2016

**Machine Room PA**

- Logging and managing inbound/outbound media
- Performing AE tasks when needed
- Cutting stringouts, recording VO sessions
- Managing all encoding of outbound material
- Setting up and managing fiber connections
- Digitizing/capturing tape media

**mOcean** | Los Angeles, CA

June - September 2015

**Production Assistant**

- Runner (studio/client deliveries, media assets, client gifts, food)
- General office duties, facilities upkeep, reception, and maintenance

**Precision Post Productions** | Los Angeles, CA

2013

**Intern**

- AE on web promos created for *Epson* and *Zylight*
- General office duties

## SOFTWARE

Avid Media Composer

Adobe After Effects

Microsoft Excel

Adobe Premiere

Adobe Photoshop

Microsoft Word

Final Cut Pro

File Maker Pro

Pre Roll Post (LTO archiving)

## SKILLS

Transcoding and logging dailies

Grouping/multi-camera workflow

Encoding and QC for outputs

## HONORS

**ACE Honorary Intern**

**ACE Student Competition Finalist**

## EDUCATION

B.A. Cinema | Elon University

2011 - 2015